

"At the Green Leka Can Valldaura restaurant we are a great team with ethical and evolutionary intentions, committed to healthy eating, responsible consumption, sustainability and respect for the environment.

Our mission, vision and values are to offer our clients a healthy raw material, betting on quality, ecological, sustainable and proximity products.

For this reason, among other things, we use products that are in season, we work with products free from additives, medicines and preservatives, we prioritize having products of km0, we reduce environmental impact with the majority use of bulk and plastic-free products

Furthermore, we select our suppliers with the requirement that they share our philosophy; committed to respect the environment and with the desire to provide healthy and quality raw material".



#### **HONEST DRINKS**

HOME MADE

""From 2017 to the present day we have avoided a ton of soda cans". "

## COCKTEL APERITIVE

NEGRONI 180CL 9.00 / 0,90CL 5.00

GIN, APEROL AND VERMOUTH

SPRITZ 7,50 MIMQSA 6,00

#### PAPELÓN WHIT LEMON 3,30

LEMONADE WITH PANELA (CANE SUGAR)

SODAS...

**PERANGE ECP 3,30** 

SPARKLING

GINGER ECO AND LIME 3,30

SPARKLING AND LEMON TOUCH

DE JENGIBRE Y CURCUMA 3,30

SPARKLING AND LEMON TOUCH

**VERMUT** 

**BULK VERMUT 3,50** 

PADRÓ BITTER 4.50

PADRÓ WHITE 4.00

**SISET 4,00** 

PERUCCHI 4,00

#### DRAFT BEER

ESTRELLA 3.50

VºLL DAMM 3.60

DAMM LEMºN 3.50

TURIA 3.60

**BOTTLED BEER** 

FREE DAMM 3,50
FREE DAMM TQAST 3,50
DAURA 3,50

COMPLOT IPA 4,00

**C22** 

WATER 1L **3,30**1/2 SPARKLIN WATER **2,30** 

SANGRIA

WINE 19.00 CUP 4,50 CAVA 22.00 CUP 5.00

**WINES ON THE LAST PAGE** 

## **APPETIZERS**



TOP! COLORED BRAVAS POTATOES 6.90

WITH POTATOES, CARROTS, BEETROOT AND OUR SPECIAL SAUCE.
GETING OUT OF THE EVERY DAY IS COMING HERE. WELCOME TO GREENLEKA.

MUSHROOMS CRQQUETTE 2.20/u.

CHIKEN CROQUETTE 2,40/u.

**QLIVES 3.50** 

POTATO CHIPS 3,00

ESSENTIAL
BREAD OIL WITH TOMATO 3.80

**TOAST BREAD 1.60** 

**ALL I OLI 1.50** 

## Hello! Take a moment...

Stop and immerse yourself in the present, without worrying about the past or the future. In this exact moment, take the opportunity to enjoy with those around you. No matter the situation, just live this moment and make it special. !enjoy!

WWW.GREEENLEKACANYALLDAURA.COM

## **STARTERS**

#### **SALAD 11,50**

#### **ROASTED EGGPLANT WITH RICE MISO 13,50**

MISO MADE IN DELTA DEL ERBO

**GRILLED ARTICHOKES 4UNITS 12,50** 

#### PUMPKIN WITH PESTO OF LEAVES 12,50

LEAVES OF THE BEET AND CARROT

FRIED SNAILS WITH ALL I OLI 14.00

#### BRIOCHE STUFFED WITH VEAL RIBS 10.00

CRUNCHY ONION AND MISO MAHION SAUCE

#### **CANNELLONI 15,50**

WITH TRUFFLE OIL OR NOT...

#### **BºLºGNESE PASTA WITH WILD PIG 15,00**

IT IS ONE OF THE MOST SUSTAINABLE MEATS SINCE IT COME FROM ANIMALS IN FREEDOM, WHICH ENJOY A VARIED AND WILD DIET, WITHOUT BEING SUBJECTED TO HUMAN INTERVENTION, WHICH GIVES THEM A SPECIAL TASTE.

#### WILD PIG

80% of the boar meat destined for human consumption is exported to Northern Europe, since here in Spain its consumption is not popular. We say human consumption because most of the wild boars are burned after being hunted. wild boar hunting is necessary, and being the most sustainable and ecological protein in Catalonia and Spain, why is not its consumption more encouraged?

## MOUNTAIN RICE

MÍNIMUM 2 PEPPLE
PRICE FOR PERSON
MAXIMUM 2 RICES PER TABLE

#### THE MYSTIC MUSHROOMS 21,00

WITH MUSHROOMS AND ALLIOLI

#### TOP! THE FAVORIT OF RIB 26,00

RIBS COOKED AT LOW TEMPERATURE IN THE WOOD OVEN FOR 15H
WITH ITS OWN BROTH AND WITH SHREDDED RIBS IN THE SAUCE,
AND ALL I OLI. ----- YES YES TOP!

#### THE BOSS ENTRECOTTE 26.00

BEEF BROTH, MUSHROOMS, AND GRILLED ENTRECOTE OF PASTURE, AND ALL I OLI.



#### DO YOU KNOW WHY WE DON'T HAVE FISH?

Since 2017 we have been reducing our fish purchases until we decided not to buy any more....

80% of the fish we consume here in Catalonia comes from the large fishing industry that devastates in an unsustainable way all over the world, mainly in less underdeveloped countries such as Africa, this fishing not only affects the seabed and the loss of biodiversity, but also the locals who have less and less fish for their food and less work related to the sea. This has been a very important factor in immigration and the history of these immigrations you know how it is ...

And fishing in the Mediterranean is overexploited ... we are currently fishing 50% less than only 40 years ago ... besides it is the most polluted sea on the planet and add to this the high temperatures. Make numbers... if we continue like this what will happen in the next 40 years...

That is why it is very important to reduce the consumption of fish to the maximum but if you consume it that this is small and of fast reproduction and of fish markets of our coast.

## GRILLED BBQ

FIRE SMOKE

#### HUNTING

ALL THREE COME WITH OPERT SAUCE
WILD PIG LOIN 250G 25,00
MOUFLON LOIN 250G 26,00
TOP! - MIX WILD PIG & MOUFLON 300G 28,00

LAMB
RIBS LAMB 27,00
GRILLED CUT LEG 19,00

#### MIXMEAT

VEAL, LAMB AND PORK,

**PRGANIC MIX PF GRILLED MEAT 23,00** 

### VEAL PRGANIC ENTRECPTTE VEAL 84€KL

MINIM 30 DAYS OF AGEING

## PORC PRGANIC CATALAN SAUSAGE 15.00

#### SIDE DISH

POTATO HASSELBACK/ FRIES/ VEGETABES / SALAD / WHIT BEANS +1€

**SAUCES + 1.50€** 

ROMESCO / ALIOLI / HOME MADE KETCHUP / CHIMICHURRI

## **STEWS**

SIMMER

BRºKEN SAUSAGE 19.00

WHIT WHIT BEANS, SAUCE MEAT, AND POTATOS

WILD BOAR CIVET 20.50

WITH CHOCOLATE, CINNAMON AND RED WINE WHIT FRENCH FRIES

**VEGAN CURRY 18,50** 

WITH VEGETABLES, RICE AND VEGAN PROTEIN HEURA.

## **DESSERTS**

# COFFEE AND TRUFFLE

**VEGAN PANACOTA (GLUTEN FREE) 5,00** 

EXPRESO 1,90

**BOWNIE CHOCOLATE, CANELLE & FOAM 8,00** 

CORTADO 2,20

CHEESECAKE 8,00

COFFE LATTE2,50

ALMOND CAKE + MOSCATELL 7,00

CAPUCHINº 3,00
AMERICANº 2,10

COFFE BAILEYS 2,80

APPLE STRUDDLE WHIT ICE CREAM 8,50

COFFE RICE CREAM 2,80

CH2C2LATE COULAN WHIT ICE CREAM 8,00

COFFE ROM 2,80

COFFE WISKY 2,80

COFFE CºÑAC 2,80,

ICE + 0,30

**TEA** 

DESSERT&COFFE

**GREEN 2.80** 

CºFFEE, CREAM AND VANILLA ICE CREAM 6,00

**BLACK 2,80** 

CH2C2LATE C2FFEE AND CREAM 5,50

**RºIBºS 2.80** 

IRISH CºFFE 7,00

CAMAMILLE 2,80

MINT 2,80