

"At the Green Leka Can Valldaura restaurant we are a great team with ethical and evolutionary intentions, committed to healthy eating, responsible consumption, sustainability and respect for the environment.

Our mission, vision and values are to offer our clients a healthy raw material, betting on quality, ecological, sustainable and proximity products.

For this reason, among other things, we use products that are in season, we work with products free from additives, medicines and preservatives, we prioritize having products of km0, we reduce environmental impact with the majority use of bulk and plastic-free products, and we take advantage of the inevitable organic waste, to create compost for the garden, to produce our own soaps and to make animal food from our brand Circular Gos.

Furthermore, we select our suppliers with the requirement that they share our philosophy; committed to respect the environment and with the desire to provide healthy and quality raw material".



## **HONEST DRINKS**

HOME MADE

""From 2017 to the present day we have avoided a ton of soda cans". "

#### PAPELÓN WHIT LEMON 3,30

LEMONADE WITH PANELA ( CANE SUGAR)

#### COLD INFUSION 2.90

WITHOUT SUGAR

SODAS...

### QF QRANGE ECQ 3,30

SPARKLING

**2F STRAWERRY ECO 3.0** SPARKLING AND LEMON TOUCH

#### **GINGER ECO AND LIME 3,30** SPARKLING AND LEMON TOUCH

**DE JENGIBRE Y CURCUMA 3,30** SPARKLING AND LEMON TOUCH

## **BULK DRINKS**

"Less transport, less waste"

WHITE OR RED WINE 3.50

#### BEER

ESTRELLA **3,50** Vºll Damm **3,60** Damm Lemºn **3,50** Turia **3,60** 

**VERMUT 3,50** White or read

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> WATER 1L **3.30** 1/2 SPARKLIN WATER **2.30**

## CºCKTEL APERITIVE

NEGRONI 180CL 9.00 / 0,90CL 5.00 GIN, APEROL AND VERMOUTH

SPRITZ 9,00

MIMOSA 6,00

## VERMUT

PADRÓ BITTER	4.50
PADRÓ WHITE	4.00
SISET	4,00
PERUCCHI RED/WHITE	4,00

## **BOTTLED BEER**

FREE DAMM 3,50 FREE DAMM TOAST 3,50 DAURA 3,50 COMPLOT IPA 4,00

# SANGRIA

WINE 19.00 CUP 4,50 CAVA 22.00 CUP 5,00

# APPETIZERS

#### COLORED BRAVAS POTATOES 6.90

WITH POTATOES, CARROTS, BEETROOT AND OUR SPECIAL SAUCE. GETING OUT OF THE EVERY DAY IS COMING HERE. WELCOME TO GREENLEKA.

#### MUSHROOMS CROQUETTE 2.20/u.

CHIKEN CR9QUETTE 2,50/u.

# BREAD

**BREAD WITH TOMATO 3,80** 

TOAST OF PAYES 1.60

**GLUTEN-FREE BREAD 2.50** 

# SAUCE

ROMESCO 2.00 AIOLI 2.00 Ketchup 2.00

# **STARTERS**

#### **SEASONAL SALAD 11,50**

#### **ROASTED EGGPLANT AND MISO SAUCE 13,00**

MISO MADE IN DELTA DEL ERBO

#### MAITAKE ECO 18,50

GRILLED MUSHROOMS WITH SKORDALIA ( MASHED POTATOES WITH LEMON ) CULTIVATED IN MONTSENY BY THE TEB VER COOPERATIVE, WHERE MORE THAN A THOUSAND PEOPLE OPERATE IN THEIR SOCIAL INTEGRATION CENTERS FOR PEOPLE WITH INTELLECTUAL DISABILITIES.

#### PUMPKIN WITH BEET AND CARROT PESTO 12.00

#### **VEAL RIB BRIOCHE AT LOW TEMPERATURE 8.00**

#### **CANNELLONI 15,50**

WITH TRUFFLE OIL OR NOT ...

#### **B2L2GNESE PASTA WITH WILD PIG 15,00**

IT IS ONE OF THE MOST SUSTAINABLE MEATS SINCE IT COME FROM ANIMALS IN FREEDOM, WHICH ENJOY A VARIED AND WILD DIET, WITHOUT BEING SUBJECTED TO HUMAN INTERVENTION, WHICH GIVES THEM A SPECIAL TASTE.

# WOOD OVEN

PORK RIBS BBQ 22.00 WITH OVEN ROASTED POTATOES, CRISPY ONION AND MINI SALAD

LAMB SHOULDER 1KL 45€ WITH VEGETABLES AND POTATOES

LEG OF LAMB 1,8KL 65€ WITH VEGETABLES AND POTATOES

# MOUNTAIN RICE

MÍNIMUM 2 PEºPLE PRICE FºR PERSºN

**THE MYSTIC MUSHR99MS 21,00** WITH MUSHROOMS AND ALLIOLI

THE MOUNTAIN 23.00 PIG, CHICKEN AND RABBIT MEAT



# GRILLED BBQ

FIRE SMOKE

#### LAMB RIBS 27,00

RIBS OF LAMB

#### LAMB LEG 19,50

#### MIX OF GRILLED MEAT 23,00

VEAL, LAMB AND PORK, WITH HASSELBACK POTATO

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#### WILD PIG LOIN 25,00

WITH VEGETABLES, AND DEMIGLACE

#### DEER LOIN 35,00

WITH VEGETABLES, AND DEMIGLACE

#### MIX WILD PIG AND DEER 30,00

WITH VEGETABLES, AND DEMIGLACE

#### ENTRECºTTE VEAL 84€KL

MINIM 30 DAYS OF AGEING WITH HASSELBACK POTATO, VEGETABLES OR FRENCH FRIES

#### **CHIKEN 16.00**

**RABIT 16.00** 

#### CATALAN SAUSAGE 13.50

## **STEWS**

#### BRºKEN SAUSAGE 19,00

WITH PURÉ, MUSHROOMS, MEAT SAUCE AND WHITE BEANS

#### WILD BOAR CIVET 20,50

WITH CHOCOLATE, CINNAMON AND RED WINE WHIT FRENCH FRIES

#### **VEGAN CURRY 18,50**

WITH VEGETABLES, RICE AND VEGAN PROTEIN HEURA.

<u>♀</u> DESSERTS

#### **VEGAN PANACOTA 6,00**

#### **BOWNIE CHOCOLATE, CANELLE AND CHOCOLATE FOAM 7,50**

#### CHEESECAKE 8,50

#### APPLE STRUDDLE WHIT ICE CREAM 9.00

#### CHOCOLATE AND HAZELNUT COULAN WHIT ICE CREAM 8.00

## DESSERT&CºFFE

## COFFEE, CREAM AND VANILLA ICE CREAM 6,00 CHOCOLATE COFFEE AND CREAM 5,50

IRISH COFFE 7,00

## COFFEE AND TRUFFLE

EXPRESO 1,90

CORTADO 2,20

COFFE LATTE2,50

CAPUCHINO 3,00

AMERICANº 2,10

#### COFFE BAILEYS 2,80

COFFE RICE CREAM 2,80

**COFFE RºM 2,80** 

COFFE WISKY 2,80

COFFE CºÑAC 2,80,

ICE + 0,30

### TEA

**GREEN 2,80** 

BLACK 2,80

**R2IB2S** 2,80

#### CAMAMILLE 2,80

MINT 2,80

### RATAFIA

2,30 / 5,00 L'HQSTIA LA PQBRESA RAIDERS BQSH RUSSET

#### RICE

2,30 / 5,00 HERB LIQUEUR ORUJO "ESPERIT" RICE CREAM OF RICE

> SWEET WINE MSSCATEL 1,50

## DO YOU KNOW WHY WE DON'T HAVE FISH?

Since 2017 we have been reducing our fish purchases until we decided not to buy any more....

80% of the fish we consume here in Catalonia comes from the large fishing industry that devastates in an unsustainable way all over the world, mainly in less underdeveloped countries such as Africa, this fishing not only affects the seabed and the loss of biodiversity, but also the locals who have less and less fish for their food and less work related to the sea. This has been a very important factor in immigration and the history of these immigrations you know how it is ...

And fishing in the Mediterranean is overexploited ... we are currently fishing 50% less than only 40 years ago ... besides it is the most polluted sea on the planet and add to this the high temperatures. Make numbers... if we continue like this what will happen in the next 40 years...

That is why it is very important to reduce the consumption of fish to the maximum but if you consume it that this is small and of fast reproduction and of fish markets of our coast.

# HONEST MOJITO'S

Flor de Caña Rum, a sustainable and ethical rum.

#### CLASSIUM 8,50

#### GINGER 8,50

#### STRAWBERRY 8,50

**ALCOHOL FREE 5.00** 

# **GIN-TONIC**

NUT GREEN APPLE 10.00

NUT BLACKBERRIES 10.00

**NUT GIN 9.00** 

**GIN-CAT 9.00** 

NºRDES- 10.00

GIN-GINGER 11,00

**GIN-STRAWBERRY 11,00** 

GIN-ORANGE 11,00